



# PRACTICAL VISION THERAPY

VISION THERAPY TRAINING FOR OPTOMETRISTS & VTS

The Practical Vision Therapy program has been developed to meet the needs of Canadian Optometrists and Therapists to ensure they provide gold-standard office-based vision therapy to their patients. The program gives participants the relevant theory and provides an understanding of the development of vision problems and options for management. This is balanced with a strong practical experience, which focuses on delivering therapy techniques to maximize results. To facilitate successful integration of vision therapy into a practice, the Practical Vision Therapy program also assists Therapists to develop a working knowledge of issues relating to patient compliance, patient engagement and medico-legal responsibilities.






**CONTACT:**





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# PRACTICAL VISION THERAPY PROGRAM

## Program Outline Canada



	<p><b>Program Registration</b></p>	<p>Use the link to "Enroll in PVTAP" on the VTC website to access the VTC-ACBO portal. There you can register and purchase the online modules for the PVTAP program. Both the therapist enrolling and the supervising optometrist must be VTC members.</p>
	<p><b>Online Module 1: Introduction to Behavioural Optometry</b></p>	<ul style="list-style-type: none"> <li>• What does an optometrist do?</li> <li>• What is Behavioural Optometry?</li> <li>• What does vision have to do with behaviour?</li> <li>• Who benefits from Behavioural Optometry?</li> <li>• What do treatments involve?</li> </ul>
	<p><b>Online Module 2: What is Vision?</b></p>	<ul style="list-style-type: none"> <li>• Definition of Vision</li> <li>• Is Vision the same as Sight?</li> <li>• What is the visual process?</li> <li>• Visual development</li> <li>• The brain, not the eyes!</li> <li>• The 4 Circles</li> <li>• Treating problems</li> <li>• Optometric Vision Therapy</li> </ul>
	<p><b>Register for Your Workshops</b></p>	<p>There are 3 Workshops in Total. Registration for the workshops is done under your member profile on the VTC website.</p>
	<p><b>Workshop 1: Learning Difficulties &amp; Eye Movements</b></p>	<ul style="list-style-type: none"> <li>• What is Optometric Vision Therapy?</li> <li>• Basic anatomy</li> <li>• Overview of visual pathways</li> <li>• Visual development</li> <li>• Eye movements &amp; Fixation</li> <li>• VT for eye movements</li> <li>• Visual processing testing</li> <li>• VT for visual processing</li> </ul>
 <p>On the job skills practice</p>		<ul style="list-style-type: none"> <li>• Complete &amp; submit the Workshop 1 assignment (due 1 month before attending Workshop 2)</li> <li>• Start to work on Practice Visit Report (due 1 month before attending Workshop 3)</li> </ul>

	Register to attend Workshop 2	<ul style="list-style-type: none"> <li>• Deadline for purchase 1 month in advance of Workshop</li> </ul>
	Online Module 3: <b>Practice Management</b>	<ul style="list-style-type: none"> <li>• Provincial Health Care &amp; Optometric services</li> <li>• Patient records</li> <li>• Patient privacy</li> <li>• Patient rights</li> <li>• Working with children</li> <li>• Health &amp; safety</li> <li>• Risk management</li> </ul>
	Online Module 4: <b>Successful Vision Therapy</b>	<ul style="list-style-type: none"> <li>• Preparation</li> <li>• Accountability</li> <li>• Brain rules</li> <li>• Attention</li> <li>• Levels of demand</li> <li>• Compliance</li> <li>• Managing expectations &amp; surveys</li> <li>• Communication</li> </ul>
	Workshop 2: <b>Accommodation &amp; Convergence</b>	<ul style="list-style-type: none"> <li>• Visual dysfunctions</li> <li>• Refractive conditions</li> <li>• Accommodation &amp; convergence</li> <li>• Models for understanding visual dysfunction</li> <li>• Stress, schema, embeddedness</li> <li>• Impact and incidence</li> <li>• Management considerations</li> <li>• VT for visual dysfunction</li> </ul>
 On the job skills practice		<ul style="list-style-type: none"> <li>• Complete &amp; submit the Workshop 2 assignment 1 month before attending Workshop 3</li> <li>• Complete Practice Visit Report, submission due 1 month before attending Workshop 3</li> <li>• Prepare Oral Presentation to be presented at Workshop 3</li> </ul>
	Register to attend Workshop 3	<ul style="list-style-type: none"> <li>• Deadline for purchase 1 month in advance of Workshop</li> </ul>
	Workshop 3: <b>Treatment of Amblyopia, Programming VT</b>	<ul style="list-style-type: none"> <li>• What is amblyopia?</li> <li>• Types of amblyopia</li> <li>• Visual development</li> <li>• Neuroplastic principles</li> <li>• Critical periods</li> </ul>

		<ul style="list-style-type: none"> <li>• Treatment of amblyopia</li> <li>• Occlusion therapy</li> <li>• VT for anisometropic amblyopia</li> </ul>
	<b>Written Examination &amp; Graduation</b>	At Vision Therapy Canada's Annual Conference

Currently this program is not available in French. However, if a PVTAP candidate prefers to present their Oral Presentation in French, this can be arranged with notice. Please let your instructor know if you would prefer this option.