



PRACTICAL VISION THERAPY

VISION THERAPY TRAINING FOR OPTOMETRISTS & VTS

The Practical Vision Therapy program has been developed to meet the needs of Canadian Optometrists and Therapists to ensure they provide gold-standard office-based vision therapy to their patients. The program gives participants the relevant theory and provides an understanding of the development of vision problems and options for management. This is balanced with a strong practical experience, which focuses on delivering therapy techniques to maximize results. To facilitate successful integration of vision therapy into a practice, the Practical Vision Therapy program also assists Therapists to develop a working knowledge of issues relating to patient compliance, patient engagement and medico-legal responsibilities.

CONTACT:





COVT&R






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PRACTICAL VISION THERAPY PROGRAM



Program Outline 2019: Canada

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|  | <p>Program Registration</p> | <ol style="list-style-type: none"> 1. Register online, quoting your COVT&R member number. If you are a therapist, put name of the COVT&R Doctor you work for here instead of a number. 2. No number? Skip this-COVT&R approves your application 3. You can now log in to the online system and start the program! |
|  | <p>Online Module 1: Introduction to Behavioural Optometry Cost: \$100 CAD</p> | <ul style="list-style-type: none"> • What does an optometrist do? • What is Behavioural Optometry? • What does vision have to do with behaviour? • Who benefits from Behavioural Optometry? • What do treatments involve? |
|  | <p>Online Module 2: What is Vision? Cost: \$100 CAD</p> | <ul style="list-style-type: none"> • Definition of Vision • Is Vision the same as Sight? • What is the visual process? • Visual development • The brain, not the eyes! • The 4 Circles • Treating problems • Optometric Vision Therapy |
| | <p>Register for Workshop 1</p> | <p><u>Ontario Winter</u> Halton Vision Therapy Centre, Burlington March 30, 2019 noon – 8pm March 31, 2019 9-5pm <u>Ontario Summer</u> Place and date TBD <u>British Columbia</u> Okanagan Vision Therapy Optometry, Kelowna March 16, 17 2019</p> |
|  | <p>Workshop 1: Learning Difficulties & Eye Movements Cost: \$700 CAD</p> | <ul style="list-style-type: none"> • What is Optometric Vision Therapy? • Basic anatomy • Overview of visual pathways • Visual development • Eye movements & Fixation • VT for eye movements • Visual processing testing • VT for visual processing |

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|  <p>On the job skills practice</p> | | <ul style="list-style-type: none"> • Complete & submit the Workshop 1 assignment (due before attending Workshop 2) • Start work on Practice Visit Report (due before attending Workshop 3) |
| | <p>Register to attend Workshop 2</p> | <p><u>Ontario Winter</u> Halton Vision Therapy Centre, Burlington October 26, 2019 noon – 8pm October 27, 2019 9 -5pm <u>Ontario Summer</u> Place and date TBD <u>British Columbia</u> Okanagan Vision Therapy Optometry, Kelowna October 19, 20, 2019</p> |
|  | <p>Online Module 3: Practice Management Cost: \$100 CAD</p> | <ul style="list-style-type: none"> • Provincial Health Care & Optometric services • Patient records • Patient privacy • Patient rights • Working with children • Health & safety • Risk management |
|  | <p>Online Module 4: Successful Vision Therapy Cost: \$100 CAD</p> | <ul style="list-style-type: none"> • Preparation • Accountability • Brain rules • Attention • Levels of demand • Compliance • Managing expectations & surveys • Communication |
|  | <p>Workshop 2: Accommodation & Convergence Cost: \$700 CAD</p> | <ul style="list-style-type: none"> • Visual dysfunctions • Refractive conditions • Accommodation & convergence • Models for understanding visual dysfunction • Stress, schema, embeddedness • Impact and incidence • Management considerations • VT for visual dysfunction |
|  <p>On the job skills practice</p> | | <ul style="list-style-type: none"> • Complete & submit the Workshop 2 assignment before attending Workshop 3 • Complete Practice Visit Report which must be submitted before attending Workshop 3 |

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| | | <ul style="list-style-type: none"> • Prepare Oral Presentation to be presented at Workshop 3 |
| | <p>Register to attend Workshop 3</p> | <p><u>Ontario</u> Bolton Optometry Clinic, Bolton July TBD both Winter and Summer Groups <u>British Columbia</u> Okanagan Vision Therapy Optometry, Kelowna July TBD</p> |
|  | <p>Workshop 3: Treatment of Amblyopia, Programming VT</p> <p>Cost: \$700 CAD</p> | <ul style="list-style-type: none"> • What is amblyopia? • Types of amblyopia • Visual development • Neuroplastic principles • Critical periods • Treatment of amblyopia • Occlusion therapy • VT for anisometropic amblyopia |
|  | <p>Written Examination & Graduation</p> | <p>At COVT&R AGM 2020 Ottawa, Ontario</p> |

<https://covtr.acbo.education/>